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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Activity**  | Brain break/Snack/Physical activity | **Activity** | Brain break/Snack/Physical activity | **Activity** | LUNCHTIME/PLAY!TIME | **Activity** | **Activity** | **Activity** |
|  **Monday**  | Maths 20-25mins | English20-25mins | Topic20- 25mins | PE/ Walk30mins-45mins | ART20-25mins | Family Time Activity30mins |
| **Tuesday** | PE/ Walk30mins-45mins | Maths 20-25mins | English20-25mins | Topic20- 25mins | Family Time Activity30mins | ART20-25mins |
| **Wednesday** | ART20-25mins | English20-25mins | Maths 20-25mins | Family Time Activity30mins | Topic20- 25mins | PE/ Walk30mins-45mins |
| **Thursday** | English20-25mins | Maths 20-25mins | PE/ Walk30mins-45mins | Topic20- 25mins | Family Time Activity30mins | ART20-25mins |
| **Friday**  | Maths 20-25mins | PE/ Walk30mins-45mins | English20-25mins | Family Time Activity30mins | ART20-25mins | Topic20- 25mins |