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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Activity** | Brain break/Snack/Physical activity | **Activity** | Brain break/Snack/Physical activity | **Activity** | LUNCHTIME/PLAY!TIME | **Activity** | **Activity** | **Activity** |
| **Monday** | Maths  20-25mins | English  20-25mins | Topic  20- 25mins | PE/ Walk  30mins-45mins | ART  20-25mins | Family Time Activity  30mins |
| **Tuesday** | PE/ Walk  30mins-45mins | Maths  20-25mins | English  20-25mins | Topic  20- 25mins | Family Time Activity  30mins | ART  20-25mins |
| **Wednesday** | ART  20-25mins | English  20-25mins | Maths  20-25mins | Family Time Activity  30mins | Topic  20- 25mins | PE/ Walk  30mins-45mins |
| **Thursday** | English  20-25mins | Maths  20-25mins | PE/ Walk  30mins-45mins | Topic  20- 25mins | Family Time Activity  30mins | ART  20-25mins |
| **Friday** | Maths  20-25mins | PE/ Walk  30mins-45mins | English  20-25mins | Family Time Activity  30mins | ART  20-25mins | Topic  20- 25mins |